



Confirmation 2013 Packet

2012-2013

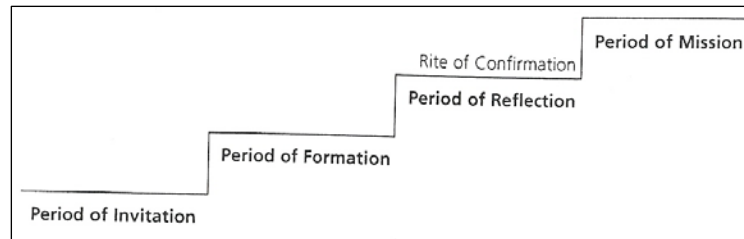
Risen Savior Catholic Church

Confirmed in a Faithful Community

Risen Savior's Confirmation curriculum out of St. Mary's Press

Confirmed in a Faithful Community is grounded firmly in the RCIA process.

- RCIA is concerned with the sacramental initiation of adults who haven't experienced Baptism nor the Eucharist. The RCIA Periods are:
 - Pre-catechumenate
 - Catechumenate
 - Purification and Enlightenment
 - Mystagogy
- The four names on the image illustrated below show a way to adapt the RCIA model for use with adolescent Confirmation candidates who *have* experienced Baptism and the Eucharist. The four periods here reflect the four periods of the RCIA process.



Invitation (2 sessions)

- Parallels the Pre-catechumenate period of the RCIA process
- Goals:
 - Begin on a positive note
 - Establish trust
 - Help candidates reflect on their personal faith and their understanding of Jesus
- Focused on the individual's actual life experience with their faith and on building community among all involved.

Formation (4 sessions)

- Parallels the Catechumenate period
- Goals:
 - Generate or renew candidates' interest in the Gospel story of Jesus
 - Review certain essential elements of the Gospel
 - Call the candidates to discipleship
- Focus on education in the matters of faith that has a relational and evangelizing character, allowing the youth to be engaged while learning about and digging deeper into their faith.

Reflection (8 sessions)

- Parallels the Purification and Enlightenment period
- Meant as the immediate preparation period
- Goals:
 - Present core beliefs and sacramental life of Roman Catholicism
 - Spark candidates' enthusiasm for deeper participation in the life of the Church
 - Prepare for a meaningful celebration of Confirmation
- Helps candidates prepare for Confirmation in a more personal, intense, and prayerful (reflective) way.

Mission (1 session)

- Parallels the Mystagogy period
- Goals:
 - Reflect on experience of Confirmation
 - Prepare for transition out of preparation process
 - Introduce new opportunities for continued involvement and to invite the newly confirmed to commit to ongoing formation
- This session shows the newly Confirmed young people the continuing support of the community and how to become involved in that community even more.

Risen Savior Confirmation Expectations

1. Class attendance

Candidates are required to attend all the Confirmation sessions in order to fully prepare them to be confirmed. Having consistent attendance will allow the candidates to embrace the opportunity for ongoing faith formation. Our hope through these sessions is that they have a conversion of heart and take personal ownership of their faith. If, however, a candidate needs to miss a session for any reason whatsoever, he/she must contact Father ASAP. Any missed sessions will be made up with a one page written paper due the next class session on the topic that was covered during the absence, which can be found in the Candidate's Handbook. *See attached sheet.

2. If you were NOT baptized at Risen Savior, we need a copy of your baptismal certificate

If you do not have a baptismal certificate, please contact the parish you were baptized at to receive one. Send or bring a copy to Father. This information is needed for parish records.

3. You will do research on saints and choose a saint name to become your Confirmation name

One of the blessings of Confirmation is getting to choose a Confirmation name. In this custom, the Confirmation candidate takes the name of a person who has been declared a saint, blessed, or venerable or who is one of the faithful people from the Bible. You may choose your own name to further connect your Baptism and Confirmation, but it is not mandatory. During the Rite of Confirmation, the Bishop will use this name saying, "(Name), be sealed with the gift of the Holy Spirit." You will complete the attached Confirmation Name Report Form after you have chosen a name.

4. Choose a sponsor for the Confirmation process

A sponsor is someone who will walk with you throughout the whole Confirmation process, guiding you and encouraging you in your faith journey. Please see attached Sponsor Info sheet.

5. Retreat

All candidates are required to attend at least one retreat before Confirmation. We will bring in the NET team in the fall/winter of 2012 to provide a retreat for you here at Risen Savior. Otherwise, you can attend one of the retreats found on the retreat page of this packet if you wish to do so. I realize that some of you may be too young to attend certain retreats this year, but some of you may be able to attend sometime throughout the year, so we want you to have this information. If you plan to do attend one of these retreats, you must let Father know.

6. Write a letter to Bishop requesting to be confirmed

We will write this letter in class next school year.

7. Interview

Aspects of the interview:

- **To see if there is a desire to receive the Sacrament**
- **An understanding of the Sacrament as a personal commitment to assume fuller responsibility in the community and in the ministry and service aspects of parish life**
- **A basic understanding of Christianity and Catholicism**
- **An ability to express your faith**
- **To witness the ways the candidate lives a Christian life**

From this interview, we (Father Terry and Chris) will not determine your readiness for Confirmation. "Because Confirmation celebrates the response of the individual to the gift of faith, the primary responsibility for determining when the candidate is ready for the Sacrament lies within the individual candidate" (CFC). We want this interview to be an additional way for you to be able to look deeper into your faith and readiness to be confirmed in the Catholic Church.

8. Service project

We are all called to live a life of service from our Baptism. By doing service for others, we are able to find new gifts or utilize gifts we already recognize in ourselves. Experiencing the fulfillment of service can lead us to encounter life at its deepest and most enriching levels. Serving others shows that we are ready and willing to live the life of a fully initiated Catholic Christian. Service IS a sacrifice of ourselves and our time... it is a challenge to reflect on what our priorities are, but we do it because we believe it is essential to who we are as true followers of Jesus Christ!

Your projects can be done individually or in a group. You do not need to have a specific number of hours, but you will complete two projects: one in the parish and one in the community. Use your best judgment in the projects you do. If you feel that the projects you do have not satisfied your hunger to serve, by all means, do more! Find your gifts and talents and allow them to grow. A list of service ideas is attached. Your service projects need to be okayed with Chris first.

9. Luncheon at the Rectory with Father Terry and Chris

There will be a sign-up sheet passed around at the beginning of classes next fall with different dates to choose from for lunch with Father Terry and Chris at the rectory. There is room for six students to sign up on each date. The lunch will be from 12:00-1:00 pm on those dates. You will receive a tour of the rectory too! This gives Father Terry a chance to know all of our candidates on a more personal level and vice versa.

Retreat Possibilities

Name: **NET Confirmation Retreat**
Place: Risen Savior
Date: TBD
Cost: \$10

We will provide a NET Confirmation retreat for all the candidates in fall 2012. This is the most convenient and cheapest retreat option for you. We ask that you pay \$10 for some of the expense of bringing the NET team in for this retreat. We also ask that the 9th graders bring a fruit or vegetable and the 10th graders bring a dessert to pass around. We will need host families for the NET team (a group of roughly 12 college-aged people). Talk to Chris if you are interested. The date of this retreat will be available to you by late spring.

Name: **SEARCH for Christian Maturity**
Place: Sioux Falls, Holy Spirit Church
Dates: November 18-20, 2011
February 10-12, 2012
June 1-3, 2012
Place: Aberdeen, Roncalli High School
Dates: October 28-30, 2011
January 13-15, 2012
March 23-25, 2012

Cost: \$40 early bird (at least one month prior) or \$65 regular price

www.search4christianmaturity.com

Must be 15 years old+ OR a sophomore in High School
SEARCH for Christian Maturity is a Catholic oriented retreat. Teens and college students lead the retreat, which consists of talks, skits, music, and the Sacraments. The retreat is led by a student director while assisted by other young adults and adult coordinators who have made a SEARCH retreat. A priest also serves as the Spiritual Director on the weekend.

Name: **Riverbend TEC**
Place: New Ulm, MN Diocese
Dates: October 15-17, 2011 (New Ulm, MN)
January 14-16, 2012 (Bird Island, MN)
February 18-20, 2012 (New Ulm, MN)
March 17-19, 2012 (Winsted, MN)
June 23-25, 2012 (Bird Island, MN)

Cost: \$60

www.riverbendtec.org

Must be 16 years old+ or a junior in High School

Name: **Pathways TEC**
Place: Winona, MN Diocese
Dates: October 21-23, 2011 (Mankato, MN)
February 18-20, 2012 (Pipestone, MN)

Cost: \$50

www.pathwaystec.org

Must be 16 years old+ or a junior in High School

Name: **Central MN TEC**
Place: St. Cloud, MN Diocese
Dates: September 24-26, 2011
October 21-23, 2011
November 25-27, 2011
December 29-31, 2011
January 14-16, 2012
February 16-18, 2012
March 10-12, 2012
March 31-April 2, 2012

April 21-23, 2012

May 19-21, 2012

Cost: \$75

www.cmtec.org/intro/index.html

Must be 16 years old+ or a junior in High School

Name: **Teca TEC**
Place: Rapid City, SD Diocese
Dates: March 11-13, 2011
Cost: \$50

www.rapidcitydiocese.org/Ministries/Youth.htm

Must be 16 years old+ or a junior in High School

TEC (Together Encountering Christ; Teens Encountering Christ) is a weekend long retreat with a focus on the Paschal Mystery of Jesus Christ. Led by both adults and youth who have made a TEC retreat, TEC consists of meditation talks, praise and worship music, recreation time, and the Sacraments.

Name: **Youth in Theology and Ministry (YTM)**
Place: St. John's University, Collegeville, MN
Dates: June 2012
Cost: \$450

<http://www1.csbsju.edu/sot/ytm/default.htm>

Must be going into grades 10-12 in fall 2012

YTM is a two-week retreat that takes place at the beautiful campus of St. John's University. At the YTM Summer Institutes, youth engage in learning about the Catholic faith, do community service at a variety of sites in the surrounding area, and experience a variety of Christian prayer forms. This institute is a great way to reconnect with God and serve His people.

Name: **Discipleship Week**
Place: 3 MN Locations
Dates: TBD
Cost: \$175-\$185

www.netusa.org

Must be ages 13-18

D-Week is four days for God to ignite (or re-ignite) your Catholic Faith! These days are a combination of great music, excellent talks, vibrant liturgy, games, entertainment, and fun!

Name: **Confirmation Retreat**
Place: Broom Tree Retreat Center
Date: October 15, 2011 (9:30 am-5:15 pm)
Cost: \$30

Spots are limited and fill fast so sign up early! You need to register through Chris for this retreat.

*Parents will attend this retreat with their child. (1 adult/5 youth)

Choosing a Confirmation Name

How Do I Choose?

1. Lifetime saint companions.

You are not simply choosing a name you like because it sounds funny or is a cool name; but you are asking a saint to be your friend and companion throughout the rest of your life. We call these lifetime saint companions “patron saints.” Patron saints help us live as Christians both through their praying for us (intercession) and their good example (witness).

2. Read stories about saints.

Take the time to read about the lives of different saints. There are a few books in the RE office on the lives of saints and the blessed of the Church and Bible. If these books aren't sufficient enough, there are some websites you can check out online. A couple of good websites are:

- + <http://saints.sqpn.com/> (Lists by Topic)
- + <http://www.catholic.org/saints/> (List by Name or Date)

You might begin by researching the saint from whom you were given your baptismal name. Or you might start with a saint who had similar interests as you do. If you look up to your Uncle Matt, you might possibly look into St. Matthew. You might choose St. Maria Goretti if your birthday is on July 6 because this is her feast day. There are many reasons why you might choose a particular saint.

Ultimately, the patron saint you choose should be someone who you want to imitate in their love for Christ and others. If you need additional help in researching saints, talk to Chris.

3. Choose a saint.

After you do some research, pick a saint that you want to have become your Confirmation name and your lifetime companion. Complete the Confirmation Name Report Form and give it to Chris. This will not be due until next school year, but you can turn it in early if you have it completed.

4. Get to know your patron saint.

At your interview, you will be asked to tell about your patron saint. You should be able to explain:

- + Who the saint is
- + How they were a faithful disciple and witness of Jesus Christ
- + Why you chose this specific saint
- + What you hope to imitate of this saint in your own life as a disciple and witness

Confirmation Name Report Form

Due May 13, 2012

After researching and choosing a patron saint, please complete this form and give it to Chris.

What saint have you chosen to be your patron saint and Confirmation name?

When is his/her feast day?

Where was he/she born?

How old was the saint when he/she died?

What did you find out about the saint's family?

Name two ways that the saint was a disciple and witness of Jesus Christ.

Why did you choose this saint to be your companion?

What do you hope to imitate from your patron saint in your life and love for Christ and others?

Please print your name in FULL (First, Middle, and Last) in the way you want it to appear on your Confirmation certificate:

Your Confirmation name as you want the Bishop to proclaim it (ex. Francis or Francis of Assisi):

Service Project Opportunities

This is a list of IDEAS. Be creative! You don't have to use something off this list. If you decide not to use something on this list of ideas, okay it with Chris first.

- Be an Altar Server for Mass
- Join the Youth Choir
 - Sing
 - Play an Instrument
- Work at a Parish Meal - breakfast, dinner, etc.
- Help clean the sanctuary
- Decorate the church and help take down decorations for Advent and Lent
- Become a Lector at Mass
- Help start a Youth/Contemporary Mass
- Work at a SEARCH or TEC retreat weekend as a **team member**
- Offer help for an elderly person that needs help tending to his/her home or yard, or needs to run errands
- Adopt a grandparent
- Visit, help take folks to Mass, or host an afternoon dance at Helping Hands or Bethany Meadows
 - Helping Hands Assisted Living: <http://helpinghandbrandon.org/>
 - Bethany Meadows: <http://www.bethanymeadows.org/>
- Help build a home with Habitat for Humanity: <http://www.siouxfallshabitat.org/index.php>
- Bake cookies or answer phones, etc at the Ronald McDonald House:
<http://www.rmhcsouthdakota.org/Volunteers/>
- Volunteer with the Children's Home Society in Sioux Falls: <http://www.chssd.org/sfch/SFCHVolunteer.asp>
- Collect food (at school, church, neighborhoods, and from local businesses, etc) to donate to a Food Pantry:
<http://www.sdfoodbanks.org/donate.htm>
- Sponsor a clothes drive to donate to Salvation Army or Goodwill
- Volunteer at The Banquet: <http://thebanquetsf.org>
- Environmental clean-up
- Collect donations and run or walk in a charity race
- Decorate a mitten Christmas tree to donate mittens to local schools and homeless shelters
- Ring the bell for Salvation Army during the holidays
- Make and deliver get well cards or Valentine's Day cards (etc) for people in hospitals
- Organize a "get acquainted" lunch for students at your school
- Organize a reading hour for children at the local schools or library
- Bake bread on National Bread Day in November and deliver to the hungry, homeless, or your neighbors
- Make first aid kits for homeless shelters
- Volunteer at a Special Olympics event: <http://www.sosd.org/>
- Knit, sew, or quilt blankets for a homeless shelter
- During National Nutrition Month in March, organize a nutrition awareness campaign:
http://www.wellbeing.wsu.edu/pro_events_nutrition.aspx
- Babysit for free for parents who teach Religious Education classes on Wednesday evenings
- Make "I Care" kits for homeless shelters (containing combs, toothbrushes, shampoo, etc)
- Clean up trash along a river or in a park
- Help at Vacation Bible School for the younger kids during the summer
- Volunteer at the parish picnic in the fall
- Attend the Mission Trip in the summer
- Mentor a younger student in Junior High or Middle School
- Volunteer at the Faith Temple Food Giveaway: <http://www.faithtemplefood.com/>

Service Project Report

Once you have completed your service projects, you must complete this report and return it to Chris. This will not be due until next year, but you can turn it in early if your projects are completed.

After each question, write a paragraph in response (a paragraph is 3+ sentences!).

Student Name: _____

Parent's Signature: _____

What did you do for your projects?

What gifts and talents did you find in yourself?

What gifts and talents did you reaffirm in yourself?

What was most beneficial or rewarding about your service projects?

Will you continue to do service? Why or why not?

Confirmation Sponsor Info Sheet

Return to Chris by December 11, 2011

You may decide who your sponsor will be. If you are unsure of whom you would like to sponsor you during this process, consider starting with your baptismal godparents. They are the people who have been praying for you since your Baptism and can now be with you during your Confirmation. This will make a connection between your Baptism and Confirmation. However, I understand that sometimes we are not close with our godparents or that they might live far away. In this case, consider who else you might choose. I recommend that he/she is someone who lives geographically close enough that he/she can attend the sponsor sessions. This is ultimately YOUR decision. Pray about it!

Sponsor Qualifications:

- Must be at least 16 years old
- Cannot be your parent
- Must be a fully initiated Catholic who has celebrated Baptism, Eucharist, and Confirmation
- Actively practicing and living his/her faith
- Must not be bound by any Church penalty

After discussing this decision with my parent/guardian(s), thinking and praying about it, I have asked _____ to be my Confirmation sponsor.

I asked this person because _____

I see this person living the Catholic Faith in the following ways:

Your Name: _____

Sponsor's Name: _____

Address: _____

City/State/Zip: _____

Telephone: _____

Email Address: _____

Confirmation Session Dates (4:30-6:00 pm)

September 25 – Parent/Candidate Orientation

October 16 – Invitation 1

October 30 – Invitation 2

November 20 – Invitation 3

December 11 – Invitation 4

December 18 – Invitation 5

January 8 – Candidate/Sponsor Orientation*

January 22 – Formation 1

January 29 – Formation 2

February 12 – Formation 3

February 26 – Formation 4

March 4 – Formation 5

March 18 – Formation 6*

April 22 – Formation 7

May 13 – Formation 8 & Parish Prayer Service @ 6:00 pm Mass*

*Sponsors attend session

Come Holy Spirit Prayer

Come Holy Spirit, fill the hearts of your faithful.

Enkindle in them the fire of your love.

Send forth your Spirit and they shall be created.

And You shall renew the face of the earth.

Amen.

Chris's Information:

582.6902

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